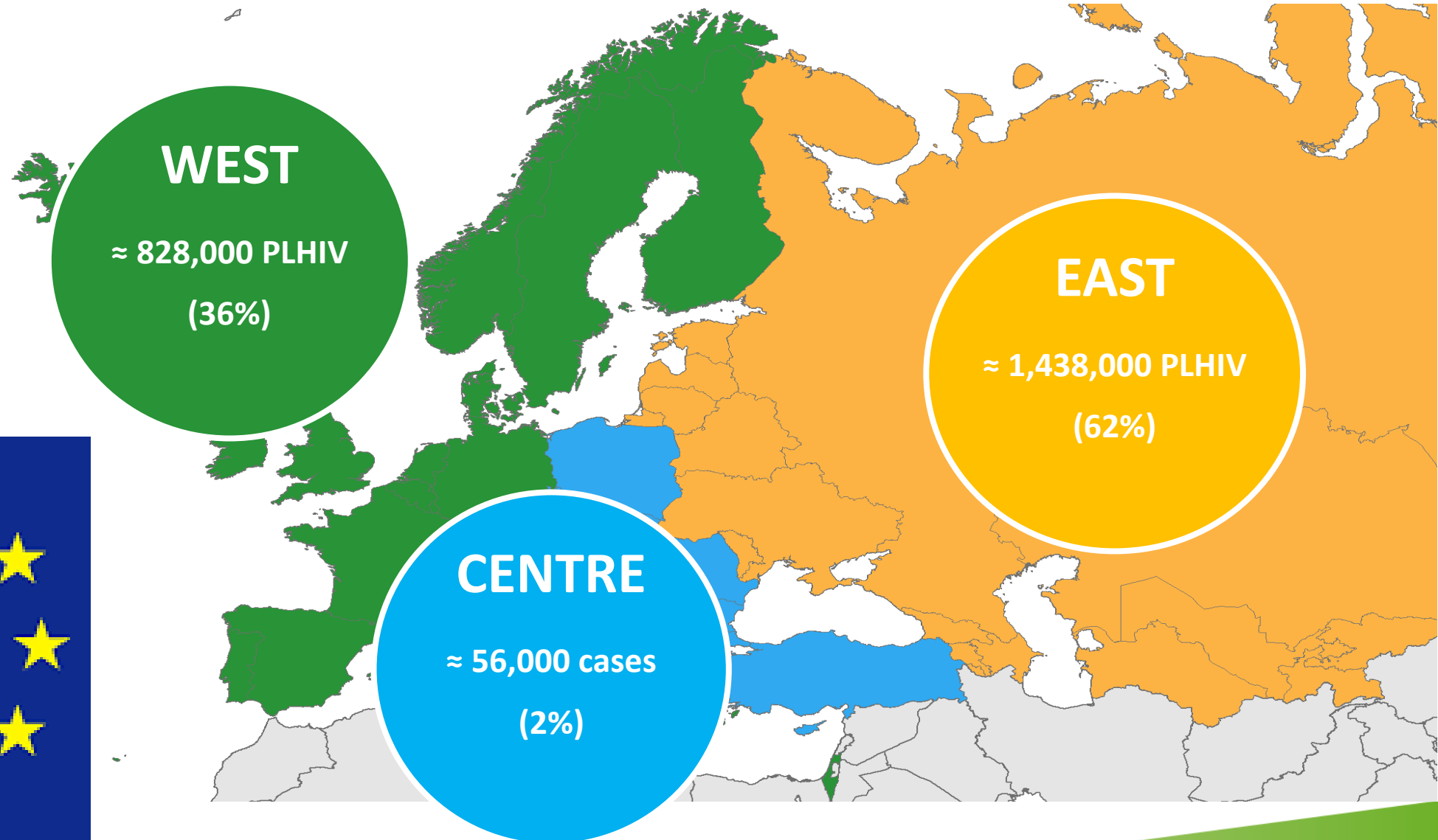


Progress to eliminate HIV related stigma and discrimination

Findings from the first European-wide HIV stigma survey

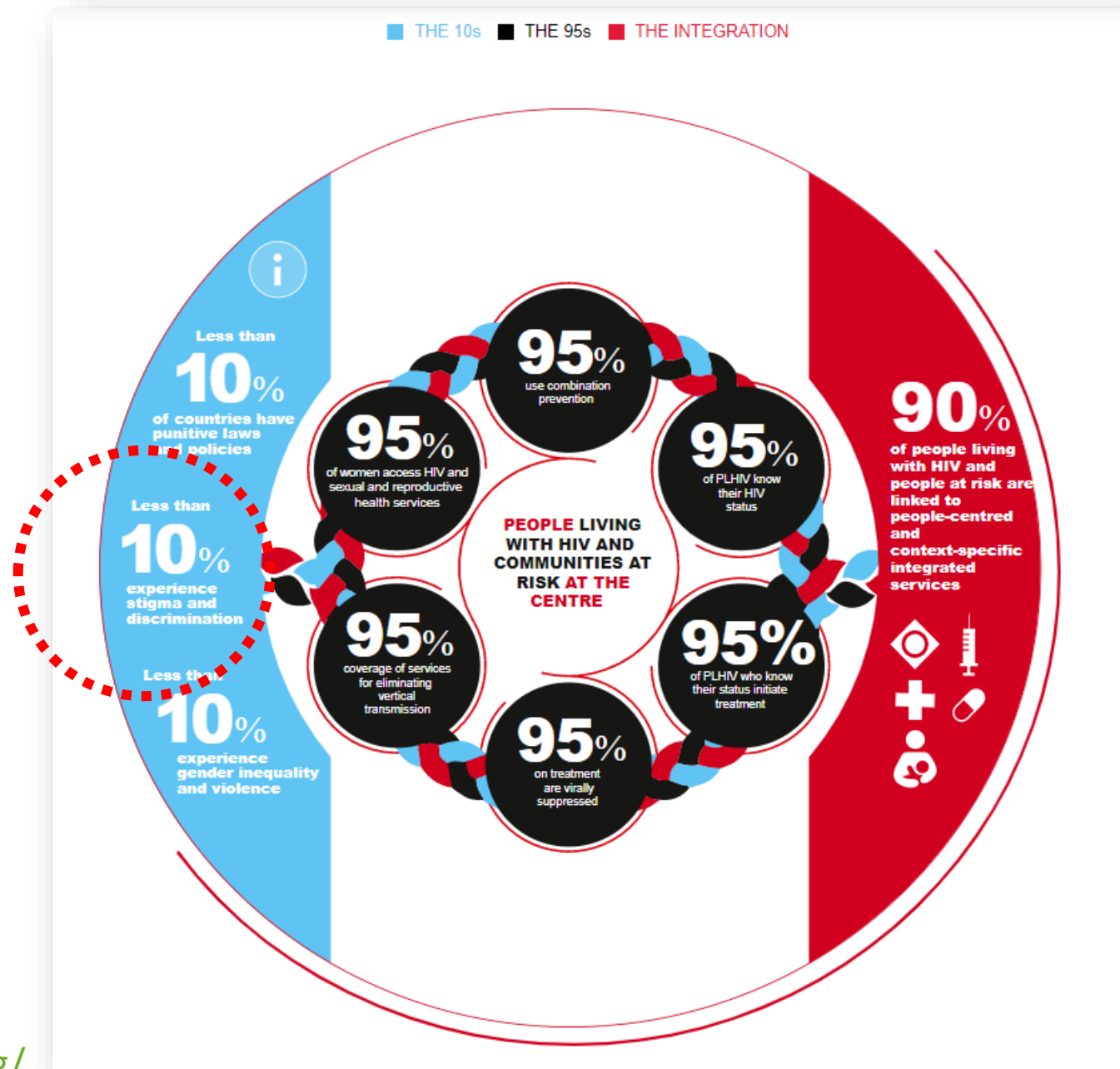
Teymur Noori
European Centre for Disease Prevention and Control (ECDC)
ECDC/WHO Euro HIV network meeting
13-14 September 2023, Seville

~2.3 million people were living with HIV in the WHO European Region, 2021

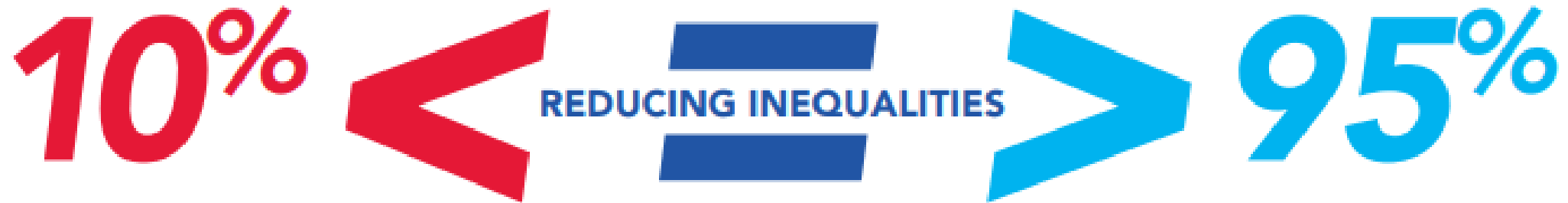


2025 AIDS TARGETS

PUTTING PEOPLE LIVING WITH HIV AND COMMUNITIES AT RISK AT THE CENTRE



UNAIDS Targets for 2025



**LESS THAN 10% OF PLHIV AND
KEY POPULATIONS EXPERIENCE
STIGMA AND DISCRIMINATION**

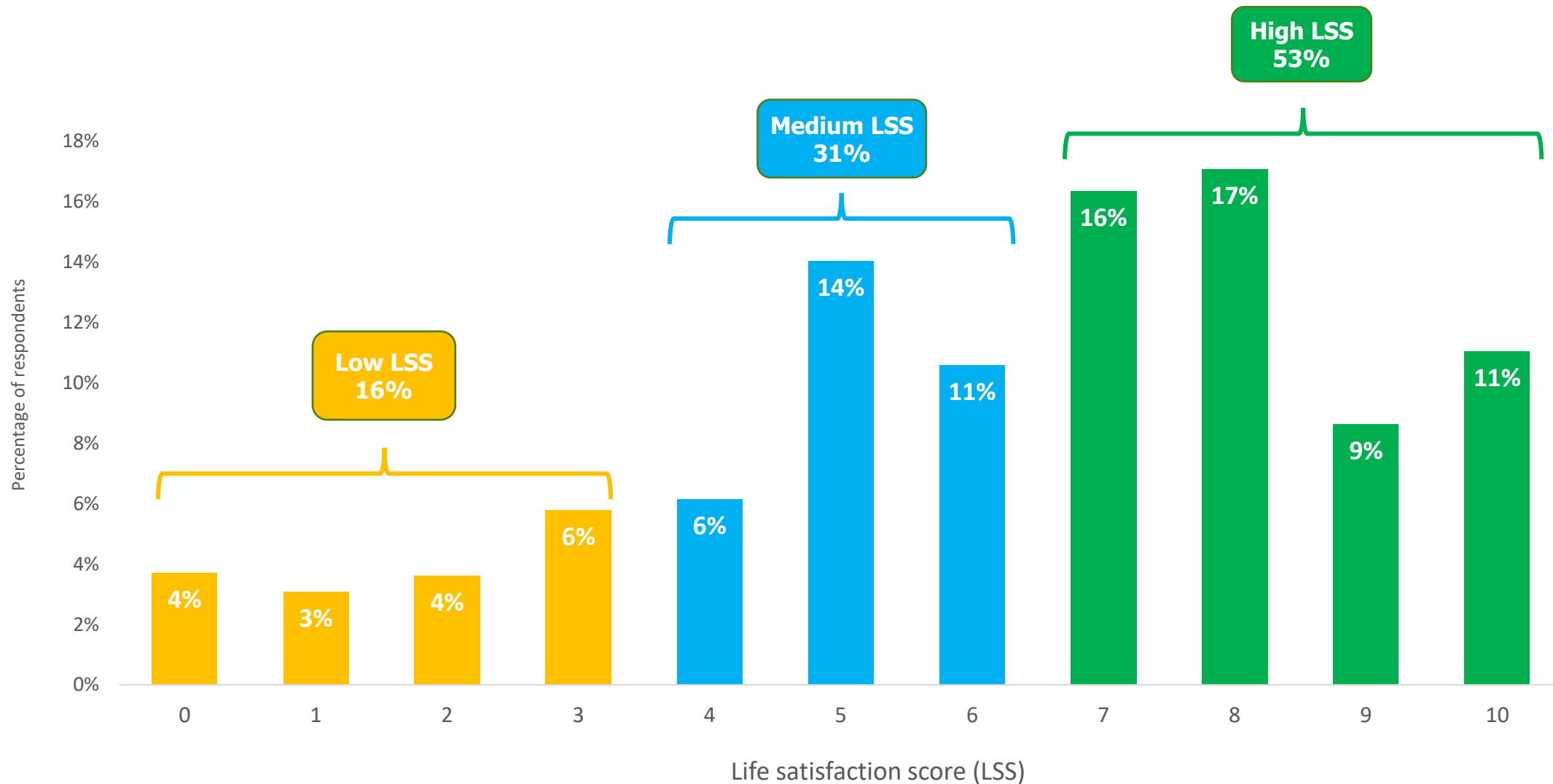
**95% PLHIV AWARE OF THEIR STATUS
95% ON TREATMENT
95% VIRALLY SUPPRESSED**



European
AIDS Treatment
Group

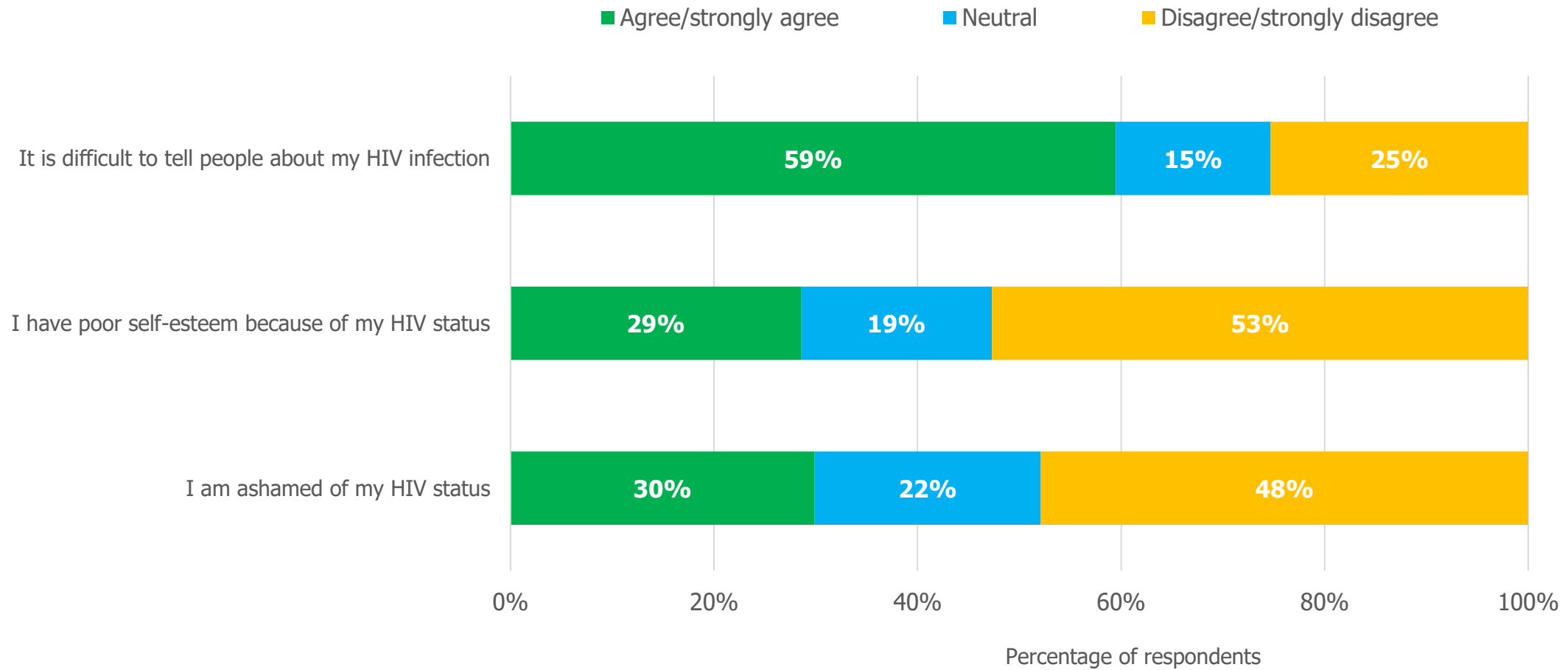
AIDS
ACTION
EUROPE

How satisfied are you with your life?*

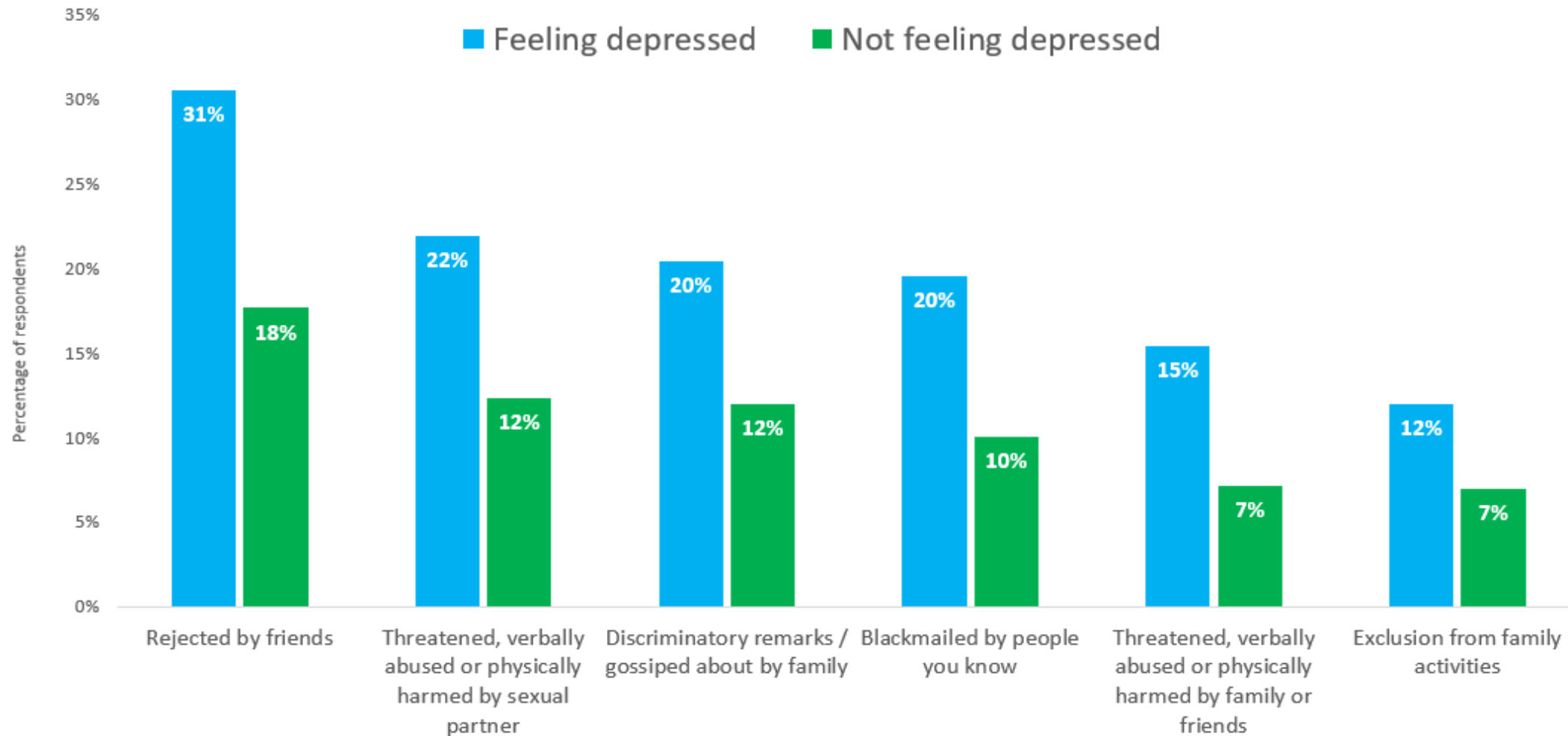


*Scale 0-10, where 0 is not at all satisfied and 10 is completely satisfied

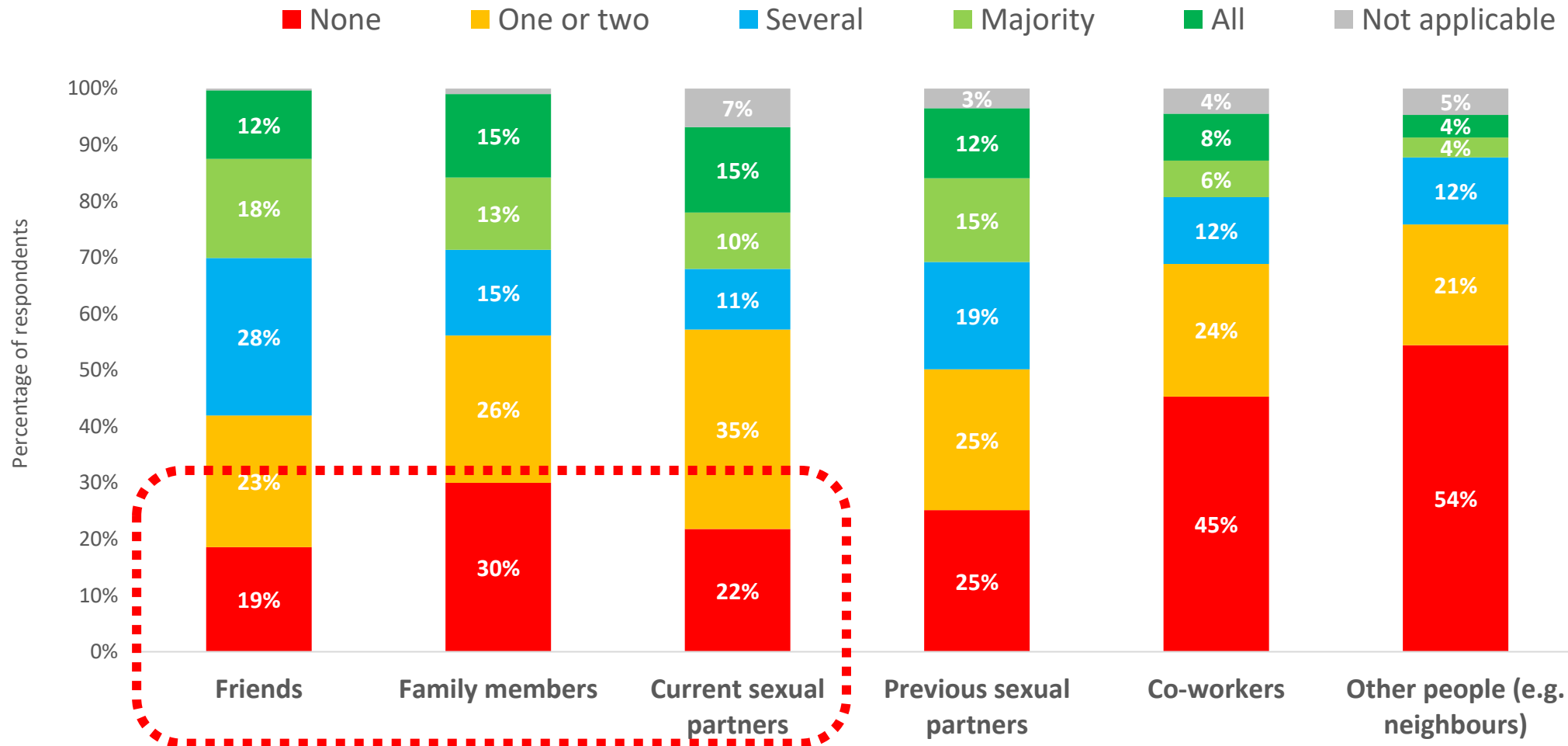
Self-stigma of respondents



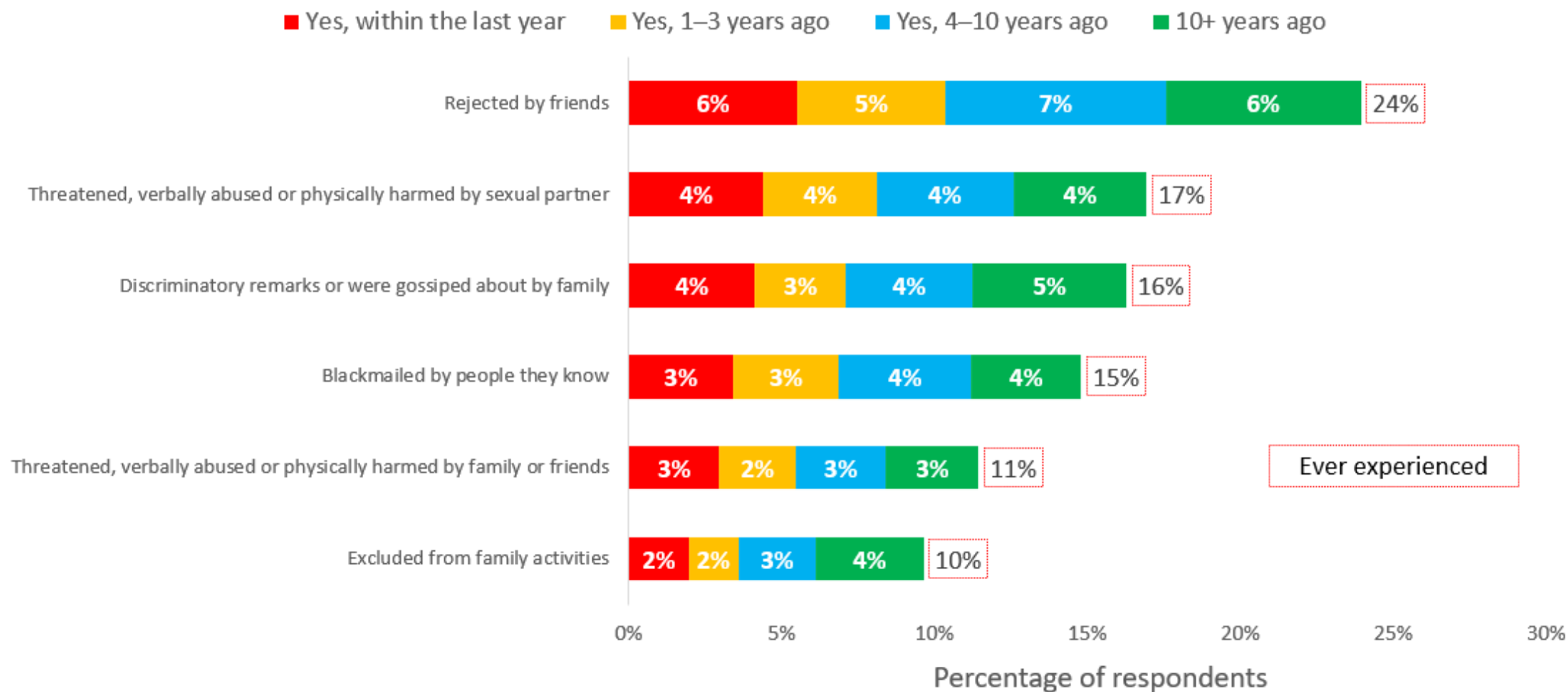
Experience of stigma by markers of depression within last 2 weeks



Proportion of respondents who have ever told people in their life about their HIV status

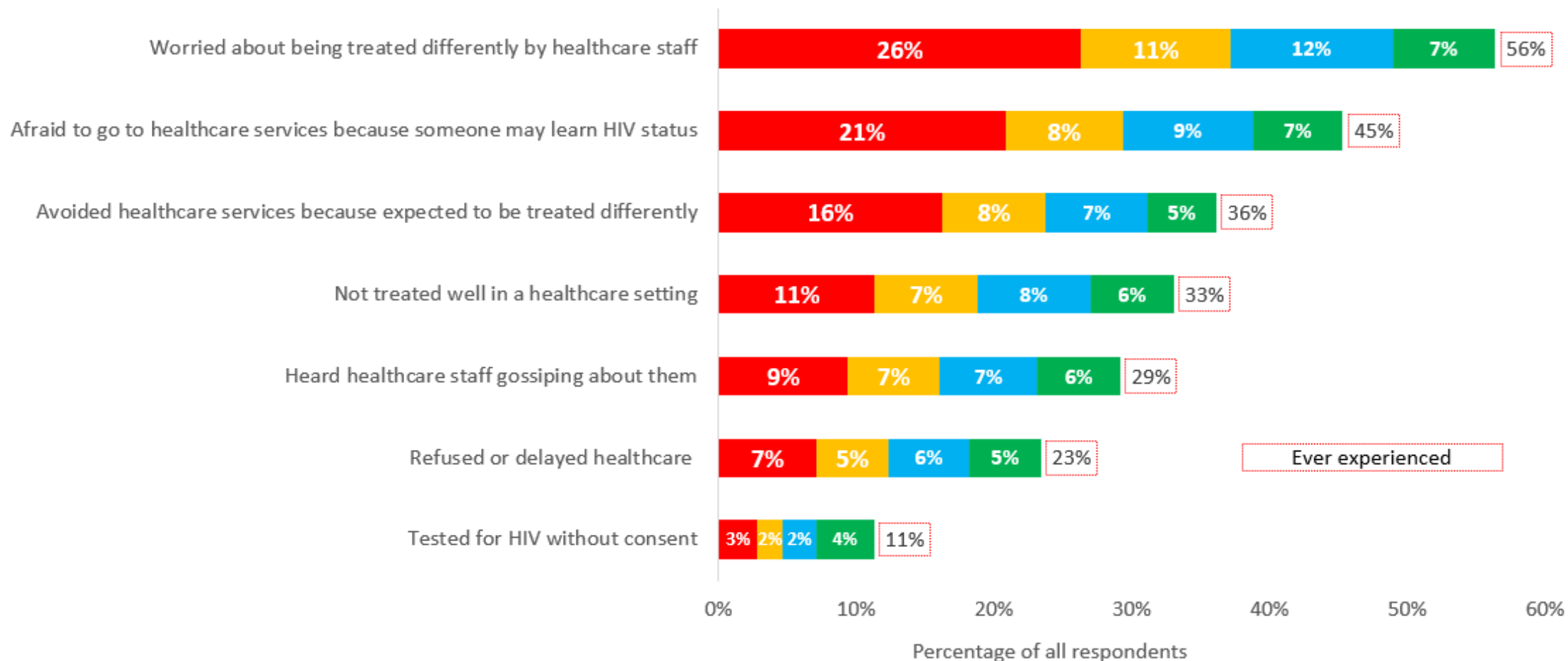


Experiences of stigma from friends, family or sexual partners, by how recently the experience occurred



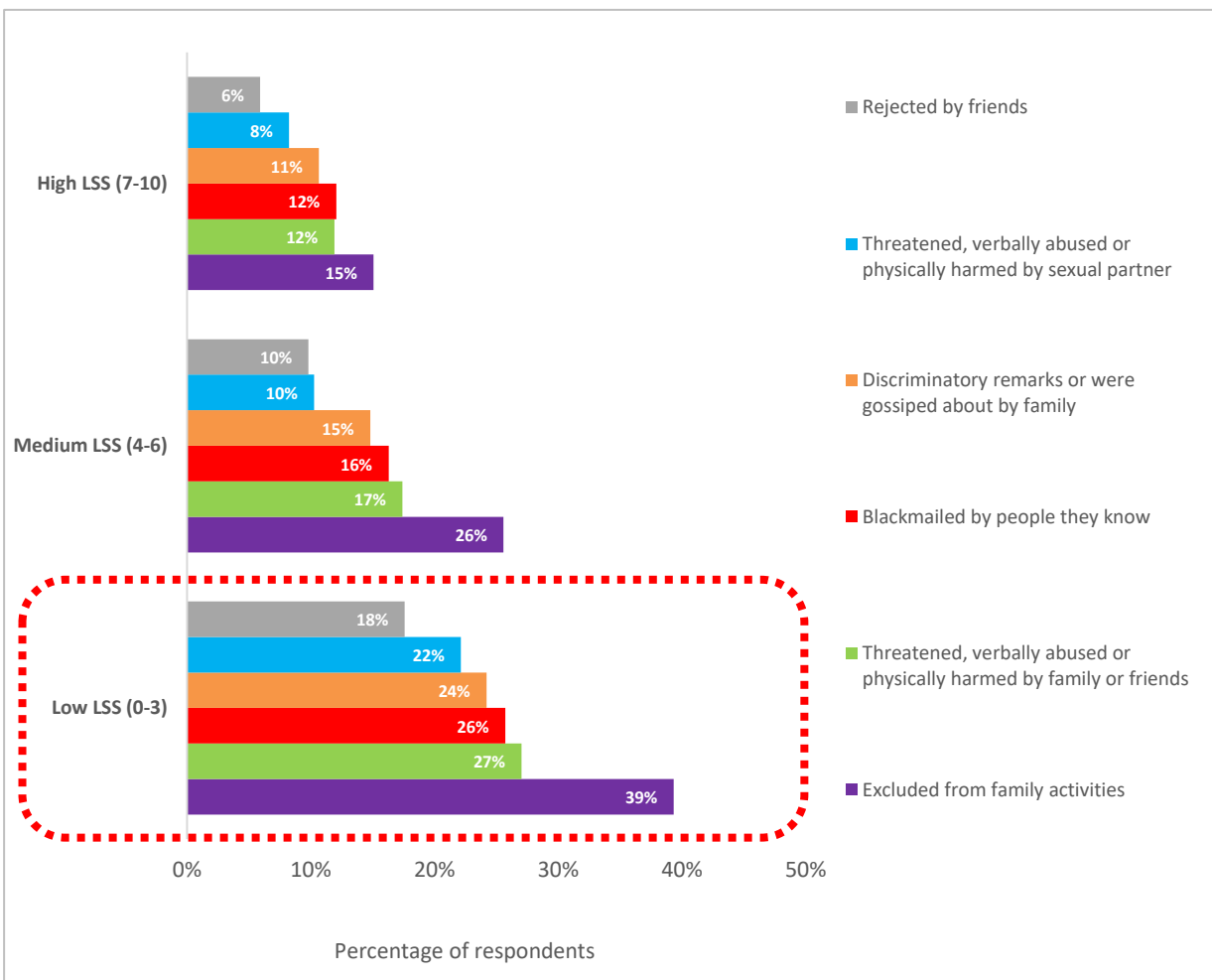
Experiences of stigma in **healthcare settings**, by how recently the experience occurred

■ Yes, within the last year
 ■ Yes, 1–3 years ago
 ■ Yes, 4–10 years ago
 ■ 10+ years ago

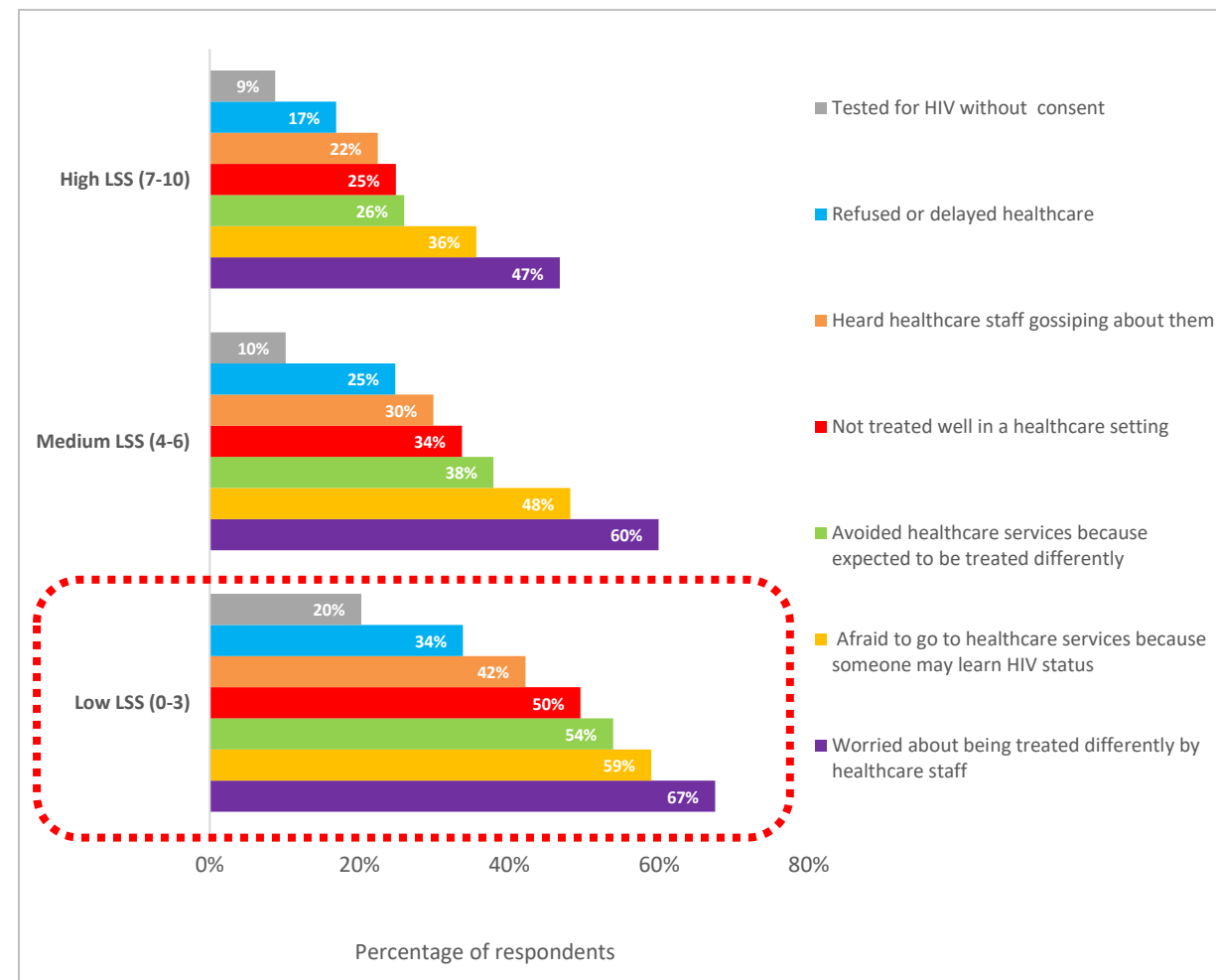


Experiences of stigma by Life Satisfaction Score

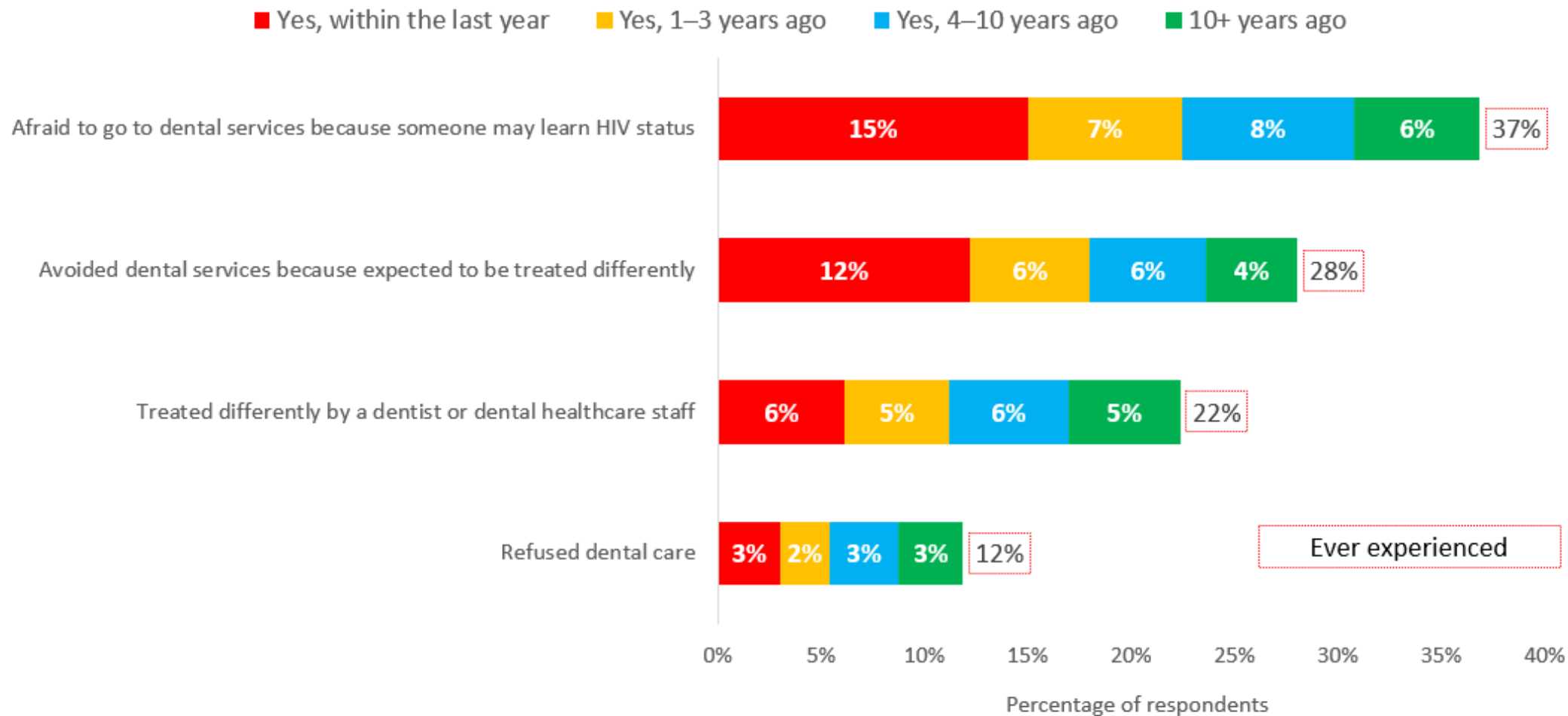
By friends and family



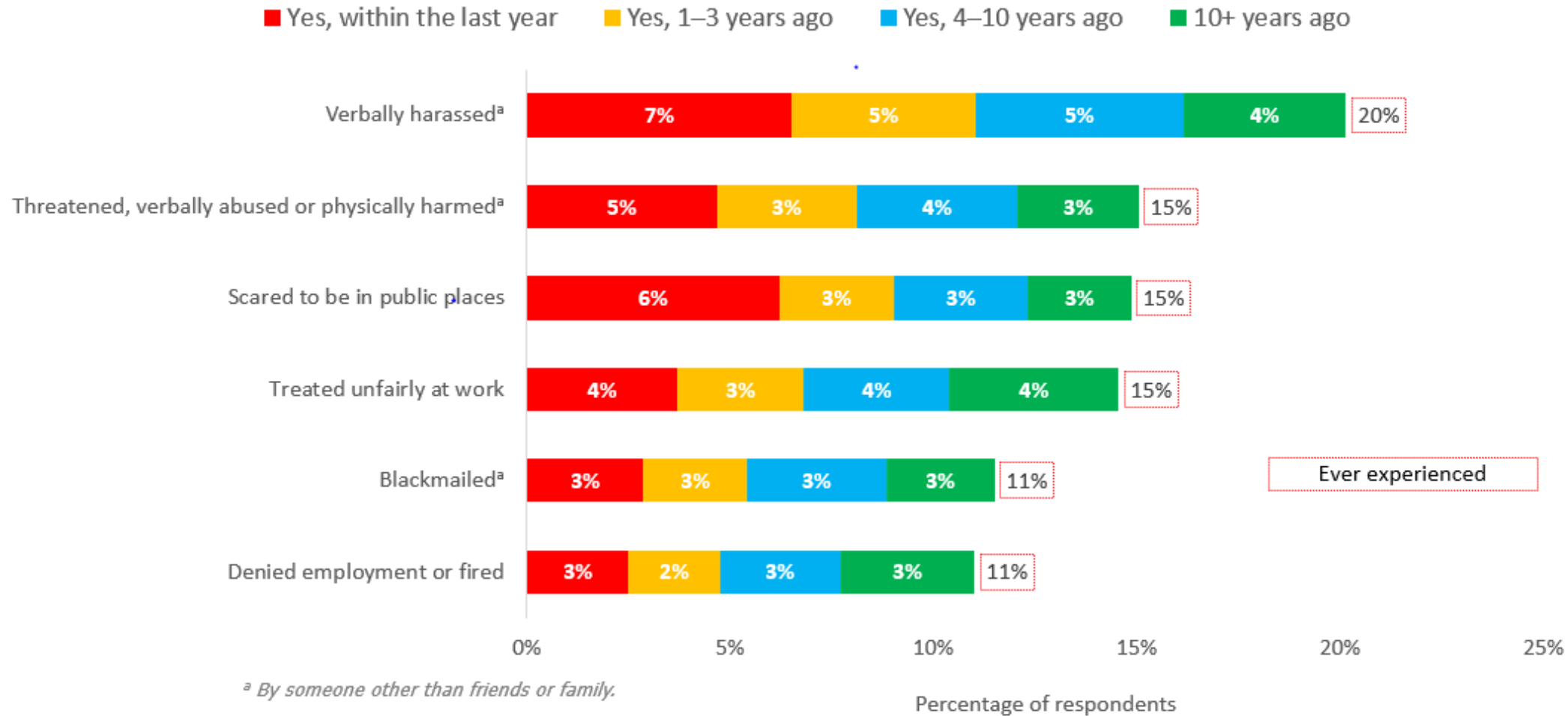
In healthcare setting



Experiences of stigma in dental care, by how recently the experience occurred



Experiences of stigma **in society**, by how recently the experience occurred



Conclusions

- First time we have European-wide data on experienced stigma among PLHIV
 - 1 in 5 PLHIV have not told a single friend
 - 1 in 3 have not told a single family member
- } that they have HIV
- High levels of experienced stigma from ‘family and friends’, and even higher levels of experienced stigma in ‘healthcare settings’
 - Stigma within the healthcare setting demonstrates that there is still a lot of work to be done to make people living with HIV feel safe in these settings
 - As we hope to repeat the survey leading up to 2030, ensuring that the data on experienced stigma is representative of all PLHIV will be important

HIV-related stigma is highly prevalent and more efforts are needed to address stigma in order to improve the quality of life of people living with HIV



**Let's eliminate HIV
stigma and discrimination
in healthcare settings**

Take the survey

<https://redcap.ecdc.europa.eu/surveys/?s=934LEHMNW33HPTCC>



Acknowledgements



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Oksana Panochenko (AAE)

Sini Pasanen (AAE)

Valeri Delpech (UKHSA)

+

All people living with HIV who took time to fill out the survey



Thank you!